



Calvary  
Women's Services

Ending homelessness. Inspiring hope. Transforming lives.

# Reach Up Expansion Wish List

**As our region continues to change and expand at a rapid pace,** the number of homeless single adults in Washington, DC is rising. Calvary Women's Services is prepared to meet this increasing need. **We are opening up a new program called Reach Up** that will grow our capacity from serving 61 women each night to over 100.

As we prepare to open our doors to more women in our community, you can help us fill Calvary's new home with the comfortable furnishings and supplies that let women know they are home. **Your donation of new, unwrapped items will ensure women feel welcome** as they move into our programs for the first time and begin their journey back to independence.

## Adopt a complete Bedroom & Bathroom

Create a warm and welcoming space for women to rest and recover as they work to overcome their homelessness for good. You can fill an entire bedroom and bathroom for two women with the following essential items:

- 2 pairs of bed pillows
- 4 sets of bed linens (twin size)
- 2 colorful comforters
- 2 clothes hampers
- 1 pair of bed lamps
- 2 storage trunks
- 2 sets of bathroom towels
- 2 small trash cans
- 1 shower curtain and liner
- 1 shower mat
- 1 shower caddy
- 1 toilet brush and plunger

### CALVARY'S NEW BUILDING for Reach Up

Calvary has secured a new building in Washington, DC.

**We will house women at the new program site in a family style living environment.**

**Each apartment will have private bedrooms with ample space for women's personal belongings.**

**Apartments will also have a kitchen** where women can prepare their own food and share meals. The building has spacious living areas for classes, discussion groups and social time.



# Turn a house into a home.

The items below comprise the complete list of home goods needed to fill **Reach Up**, Calvary Women's Services brand new housing program. You can help ensure women have all of the necessary resources to make lasting changes in their lives by donating from this list.

- 20 pairs of bed pillows
- 60 sets of bed linens (twin size)
- 40 comforters
- 60 bathroom towel sets
- 40 hampers
- 40 storage trunks
- 20 shower curtains
- 20 shower liners
- 10 dish racks
- 10 toasters
- 10 mops with a bucket
- 20 shower mats
- 40 shower caddies
- 60 small trash cans
- 20 toilet brushes with plungers
- 10 irons
- 10 ironing boards
- 10 large trash cans

202.678.2341  
calvaryservices.org

To purchase items from Amazon, visit our Apartment Wish List page: [bit.ly/reachup-wishlist](https://bit.ly/reachup-wishlist)

**Donations may be sent directly to Calvary at:**  
Calvary Women's Services  
attn: Stacia Frederick  
1217 Good Hope Road SE  
Washington, DC 20020

Please include a gift message with your name and address for inventory and acknowledgement purposes.

**Questions?** Please contact:  
Stacia Frederick  
(202) 678-2341 ext. 233  
sfrederick@calvaryservices.org

*"People keep telling me that I'm smiling from ear to ear and that I look relaxed. I'm so grateful that I can be here in this apartment, I could have been out there on the streets." -Debra, Sister Circle resident*

If you prefer to help us welcome women into Calvary's programs by making a financial donation, go to [bit.ly/reachup-housewarming](https://bit.ly/reachup-housewarming)

